



## PE NEWSLETTER



Spring Term 2

Edition 4

April 2025

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### PE AND SPORT AT PIPER'S VALE

What a fantastic term we have had! An amazing experience to have had Olympic Medalist Declan Brooks and former World Scooter Champion Terry Price visit us at Piper's Vale. The whole school was amazed with some of their tricks, especially Terry's backflip 🤩 It has been great to see more children riding their scooters and bikes to school!

You will see we have many Sports Clubs on offer during the Summer Term so please follow the instructions below to secure your child's space.

If you have any questions regarding PE or sporting events, please speak to Ben.

#### SWIMMING KIT

Children in the Year 5/6 classes will be going swimming on a Wednesday afternoon.

Summer Term 1 - Y5 (Old 5/6W Reg Group)  
Summer Term 2 - All of Year 6

Your child will need to bring:

- Appropriate swimming attire (e.g. trunks/swim suit - no two piece)
- A swimming hat
- A towel

Please ensure all earrings are removed before coming to school on Fridays.

Please note that if earrings are not removed then a child cannot swim.

#### PE UNIFORM

The expectation is that **all** pupils come into school in **full** PE uniform on their PE day/s.

PE Uniform:

- White t-shirt/polo shirt
- Black/navy jogging bottoms
- Black/navy shorts
- Black/navy sweatshirt (*no hoodies*)
- Trainers/plimsolls

(No large logos on any P.E kit)

Please ensure **all** jewellery is removed for PE.

If your child attends an After School Sports Clubs, then they need to bring a PE kit to get changed into at the end of that day.

## AFTER SCHOOL SPORTS CLUBS

The following clubs are to run for the Summer Term. Please sign up via Google Form that will be sent out on Tuesday 22nd April. Spaces will be allocated as a first come first serve basis. Parents will be notified if your child has a place. If you don't hear from the school, your child is on the waiting list. If a space becomes available you will be notified.

Day	Club	Year Group	Timings	Location
Monday	Tennis	KS2	3:15pm-4:15pm	Playground
Monday	Dance	Year 5/6	3:15pm-4:15pm	Hall
Tuesday	Boxing Club	KS2	3:15pm-4:15pm	Hall
Wednesday	Dodgeball	Year 4/5/6	3:15pm-4:15pm	Hall
Thursday	Striking+Fielding	KS2	3:15pm-4:15pm	Field
Thursday	Football Club	Year 2/3	3:15pm-4:15pm	Field
Thursday	Cheerleading	Y1-6	3:15pm-4:15pm	Hall
Friday	Athletics	KS2	3:15pm-4:15pm	Field
Friday	Gymnastics	Reception/Y1	3:15pm-4:15pm	Hall

## WHAT WE HAVE BEEN LEARNING

At Piper's Vale we strive to offer a broad and exciting PE curriculum. This term children have been focusing on:

### Reception

#### **Movement Skills/Body Management**

We have been learning to control our bodies in different positions and holding them still. In a balance can you hold it for the count of three!? Children have also been showing off their catching skills, remember to keep your eye on the object 👁️

### Year 1/2

#### **Gymnastics**

Children have been building up to creating their own routine in a group. The performance needed to include 4 different elements. They had to choose from jumps, balances, movements, rolls and rocking. Always including the start and finish position!

#### **Send and Return**

We were learning how to hit towards a target with a racket and tennis ball. Focusing on serving to start a tennis rally, ensuring we keep our eyes on the ball and the ball is hit in the middle of the racket.

### Year 3/4

#### **Netball**

We have been focusing on our footwork when playing netball and the decision of choosing the right pass. Our defending skills have really developed from when we focused on Basketball previously 😊

#### **Yoga**

And breathe! This term in yoga we were looking at controlling our minds and body. Focusing on their breathing whilst working through a yoga flow with a partner. The children showed excellent focus.

### Year 5/6

#### **Hockey**

We have focused on dribbling a lot in our PE lessons this term. How to keep the ball under control and to not panic when a defender closes them down. Making the right decision in a game is key-do you shoot, pass or dribble with the ball?

#### **Yoga**

Children were creating their own yoga flows with a partner. Using individual poses and partner poses to create a yoga flow full of control and focus. See if your child can teach you a couple of yoga poses!?

### **DIARY DATES**

All sporting events are subject to change at short notice due to weather conditions but you will find below all the sporting events that we plan to attend. If selected your child will receive more details closer to the event. We are also part of IPSSA which involves a boys football league, girls football league and a netball league. These games will be arranged throughout the year. If you would like to come and support your child then please do! 🙌

Date	Event	Year Group	Time	Venue
Friday 25th April	Netball Match vs Britannia	Year 5/6	After School	Piper's Vale
Thursday 1st May	Girls Football Match vs St Mark's	Year 5	After School	Piper's Vale
Thursday 1st May	Girls Football Match vs St Mark's	Year 3/4	After School	Piper's Vale
Tuesday 20th May	Netball Festival	Year 4	11am-1pm	Ipswich

				Schools Sports Centre
Thursday 22nd May	Netball Festival	Year 5/6	2pm-4pm	Ipswich Schools Sports Centre

## PE STAR OF THE WEEK

At Piper's Vale Primary Academy, we have a special PE assembly every week highlighting children's excellence in PE. Children earn a PE certificate and a place on our 'PE Star of the Week' wall.

Well done to all our nominated children 😊

Week 1- Kyla,Liam,Caryella,Ava,Efemia,Fynley,Dimario,Stervan

Week 2- Charlie,Edde,Bella,Isla

Week 3- Alan,Noah,Kendrick,Theola

Week 4- No Assembly

Week 5- Caryella,Lilian,Adele,Ollie

## EASTER SPORTS CAMP - POWER PLAY COACHING

### Easter Sports Camp 🐰

We are ready for our Easter Sports Camp which is suitable for all ages and abilities and we would love your child to be part of it 😊

🏠 Piper's Vale Primary Academy

📅 Monday 14th April until Thursday 17th April

🕒 9am - 4pm

🐰 Easter Egg Hunt on Thursday 17th April

To book your child's place please use the booking link provided

[Easter Sports Camp Booking Form](#)

If you have any question either speak to Ben or email

[powerplaycoaching24@gmail.com](mailto:powerplaycoaching24@gmail.com)



## SCHOOL SPORT - GO TEAM PIPER'S

### Netball Match vs Ravenswood

A great team performance with brilliant passing and movement skills. Well done on the victory girls 🍷

**Player of the Match** - Laura



### Boys Football Fixtures

3 games and 2 wins!! The team showed fantastic teamwork and togetherness to produce some great results

**Player of the Match** - **Yahya, Eli and Connor**

### Girls Football Festivals



A Year 3 and Year 5 team represented Piper's Vale at the home of football, Ipswich Town Football Club. A fantastic event where over 600 girls had the opportunity to play football. With the Women's Euro happening this summer, will any of our girls make the squad?



## Dodgeball Festivals

Piper's Vale competed in 2 dodgeball festivals against schools in suffolk. They showed excellent dodging and throwing skills, with some fantastic catching on show also.

