PVPA P.E.NEWSLETTER

Edition 1

October 2026

Integrity, Community, Excellence

MESSAGE FROM BEN

What a great start we have had to our school year. Children have been working hard in their PE lessons and over 125 children are enjoying our after school sports clubs. We are pleased to say that Piper's Vale have been shortlisted for Active Educator of the Year at this year's Active Suffolk Awards! With only 3 schools nominated across the whole of Suffolk, it is an amazing achievement! We look forward to another 'Active' school year 🙂

If you have any questions regarding PE or sporting events, please speak to Ben.

Ben Newson
PE Lead Teacher

PE KIT EXPECTATIONS

Swimming Kit	PE Uniform
Pupils in Years 4, 5 & 6 will be going swimming throughout this year. You will be informed when your child will be taking part. Your child will need to bring: ● Appropriate swimming attire (e.g. trunks/swim suit - no two piece) ● A swimming hat ● A towel Please ensure all earrings are removed before coming to school on Wednesdays. Please note that if earrings are not removed then a child cannot swim.	The expectation is that all pupils come into school in full PE uniform on their PE day/s. PE Uniform: ● White t-shirt/polo shirt ● Black/navy jogging bottoms ● Black/navy shorts ● Black/navy sweatshirt/hoodie ● Trainers/plimsolls (No large logos on any P.E kit) Please ensure all jewellery is removed for PE(pupils should only ever be wearing a wristwatch and stud earrings to school anyway). If your child attends an After School Sports Clubs, then they need to bring a PE kit to get changed into at the end of that day.

AFTER SCHOOL SPORTS CLUBS

Please sign up via Google Form that will be sent out by the office. Spaces will be allocated as a first come first serve basis. Parents will be notified if your child has a place. If you don't hear from the school, your child is on the waiting list. If a space becomes available you will be notified.

Day	Club	Year Group	Timings	Location
Monday	Boys Football Club	Year 1-6	3:15pm-4:15pm	Field
Tuesday	Cheerleading	Year 1-6	3:15pm-4:15pm	Hall
Wednesday	Dance	Year 1-6	3:15pm-4:15pm	Hall
Wednesday	Netball	Year 4/5/6	3:15pm-4:15pm	Playground
Thursday	Dodgeball	Year 5/6	3:15pm-4:15pm	Hall
Friday	Gymnastics	Year 2/3	3:15pm-4:15pm	Hall

ACTIVE SUFFOLK AWARDS

We are thrilled to share some incredible news—Piper's Vale Primary Academy has been officially shortlisted for Active Education Provider of the Year at this year's Active Suffolk Awards!

Out of all the schools across the entire county, only 3 schools in Suffolk have made the shortlist for this category. This is a massive achievement and a fantastic recognition of all the hard work, passion, and dedication we as a school put into our PE provision, school sport, and physical activity every single day.

Well done to everyone at PVPA!

Active Suffolk Awards

WHAT HAVE WE BEEN LEARNING....

At Piper's Vale we strive to offer a broad and exciting PE curriculum. This term children have been focusing on:

Reception

Movement Skills/Body Management

We have been learning to control our bodies in different positions and holding them still. In a balance can you hold it for the count of three!? Children have also been showing off their catching skills, remember to keep your eye on the object 👀

Year 1/2

Gymnastics

Focusing on building sequences using balances, jumps and a variety of actions. Not forgetting the Start and Finish position-ask your child to show you👀

Send and Return

Developing coordination with a tennis racket. Looking at balancing and catching a bean bag and returning it to a partner. Working on their hand-eye coordination. Knowing what 'Low and High Hands' looks like.

Year 3/4

Team Building/OAA

Children have been working on what makes a good team! Something that is so important in sport. Communication and listening skills are vital and when reading a map even more crucial in giving your team the right route!

Basketball 🏀

We have focused on the basics of dribbling in basketball. Ensuring children are only using one hand at a time to dribble and then making the choice to pass to a team member. We also focused on what we do as attackers and defenders on a court.

Year 5/6

Gymnastics

Building on gymnastics from last year, to include more complex partner/group balances into a sequence. Using apparatus to include unison within their performances

Netball

To develop the children's understanding of footwork in Netball and how choosing the appropriate pass is key. Will it be a bounce pass?...a chest pass?....or an overhead pass?

Swimming

Children have been gaining confidence in water and there has been a real excitement in our weekly walks to Murrayfield. We have a number of children who can already swim the targeted 25m😀 and the improvement from last year has been great to see.

PE STAR OF THE WEEK

At Piper's Vale Primary Academy, we have a special PE assembly every week highlighting children's excellence in PE. Children earn a PE certificate and a place on our 'PE Star of the Week' wall.

Well done to all our nominated children 😁

Week 1- Aidan,Yusra,Ruby,Kylo,Sameeha

Week 2- Alberto,Rovan,Matthew,Darcie H

Week 3- Noah,Serkan,Erika,Cataleya

Week 4- Casey,Ava,God's Goodness

Week 5- Corey,Noah H,Andrei,Hogarth

Week 6 - Mia,Edgar,Taavi,Adele,Laila

POWER PLAY COACHING SPORTS CAMP



Get ready for a spooktacular day of SPORT, FUN & GAMES with Power Play Coaching! 🏃⚽🏀🎾

Looking for something exciting for the kids this Halloween? Our Halloween Sports Camp is packed with action, challenges, team games, competitions and plenty of Halloween fun! 🕷️

👻 Fun & inclusive coaching

🏆 Sports, games & competitions

🕸️ Halloween-themed activities

😂 Loads of fun with friends

💥 Perfect for active kids of all abilities

Whether your child is already sports-mad or just loves having fun and trying new things, Power Play Coaching has something for everyone!

🎃 Come and have a frightfully good time with us this Halloween! 🎃

If you have any question either speak to Ben or email **powerplaycoaching24@gmail.com**

SUFFOLK SCHOOL GAMES

As a school we have signed up to compete in the Suffolk School Games. This consists of a variety of sporting events over the school year. The six School Games values - Passion, Self-Belief, Respect, Honesty, Determination and Teamwork - were developed by young people to recognise how the experience of sport should be epitomised and embodied within schools, and to reflect the 'spirit' of the School Game.



DIARY DATES

All sporting events are subject to change at short notice due to weather conditions but you will find below all the sporting events that we plan to attend. If selected your child will receive more details closer to the event. We are also part of IPSSA which involves a boys football league, girls football league and a netball league. These games will be arranged throughout the year. If you would like to come and support your child then please do! 👏

Date	Event	Year Group	Time	Venue
Thursday 5th November	Badminton Festival	Selected pupils (Year 4)	PM	Inspire
Monday 9th November	Football Festival	Selected pupils (Year 2)	PM	Inspire
Tuesday 10th November	Boys/Girls Football Match	Selected pupils (Year 5/6)	After SChool	Piper's Vale
Wednesday 11th November	Ten PIn Bowling Event	Selected pupils (KS2)	PM	Ten Pin
Wednesday 18th November	Boys Football Match	Selected pupils (Year 5/6)	After School	Piper's Vale
Thursday 19th November	Boys Football Match	Selected pupils (Year 5/6)	After School	St Mark's